DEVELOPMENT IS REAL

For 40 years, development through performance has been the All Stars Project’s “secret sauce.” Hundreds of thousands of youth from poor and underserved communities have grown and transformed their lives through their involvement in our programs.

We now unveil the findings of a 5-year rigorous evaluation process, undertaken in partnership with Southern Methodist University’s Center on Research and Evaluation. This outcome study demonstrates with scientific validity the tangible impact of ASP’s youth development programs.

DEVELOPMENT CAN BE MEASURED

This evaluation identified 8 dimensions of development that were assessed at the beginning and at the end of the 12-week All Stars program semesters in all 6 All Stars cities.

We measured development for 700 young people in 35 program cohorts during five program cycles, generating more than 100,000 data points for analysis. (See SUMMARY OF DATA below.)

Young people reported on their development, and staff also observed and rated each student, offering a full look at the development dimensions. (See DEMOGRAPHICS and Study Sample below.)

ALL STARS PROGRAMS WORK

Based on their own perceptions AND according to adult observations, youth showed a positive change in ALL dimensions of development.

In every city, in every program cycle, across different assessment sources, the result was the same: young people developed!

DEMOGRAPHICS and Study Sample

700 DSY STUDENTS TRACKED

6 CITIES

OVER 2 YEARS

ETHNICITY

African American/Caribbean/African 56.88%
Hispanic/Latino 22.8%
Asian 16.32%
Other 2.85%

AGE

15 5.52%
16-18 42.89%
19-21 10.94%
22 or “null” 12.2%

GENDER

Male 40%
Female 59%
Other/No Identification 1%

“SMU-CORE study provides strong evidence that the impact of nontraditional programs is not only possible but necessary for generating a greater investment in after-school and for ensuring that disadvantaged youth have access to programs designed to help them grow, to thrive and to dream.”

– Gloria Strickland,
Senior Vice President / Chief Youth and Community Development Officer / Director, ASP of NY

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SUMMARY OF DATA

<table>
<thead>
<tr>
<th>SOURCE</th>
<th>DIMENSION</th>
<th>AVG. PRE</th>
<th>AVG. POST</th>
<th>AVG. CHANGE</th>
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</thead>
<tbody>
<tr>
<td>ADULT OBSERVATION</td>
<td>Appreciation</td>
<td>2.593</td>
<td>3.677</td>
<td>1.085</td>
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<tr>
<td></td>
<td>Improvisation</td>
<td>2.409</td>
<td>3.458</td>
<td>1.049</td>
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<td></td>
<td>Personal Responsibility</td>
<td>2.868</td>
<td>3.903</td>
<td>1.036</td>
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<tr>
<td></td>
<td>Vocational Competence</td>
<td>2.592</td>
<td>3.605</td>
<td>1.013</td>
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<td>YOUTH SELF-REPORT</td>
<td>Confidence</td>
<td>4.018</td>
<td>4.264</td>
<td>0.246</td>
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<tr>
<td></td>
<td>Giving</td>
<td>4.341</td>
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<td>Interpersonal</td>
<td>4.072</td>
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<td>Open Worldview</td>
<td>4.178</td>
<td>4.343</td>
<td>0.166</td>
</tr>
</tbody>
</table>

Scores based on a five-point scale (1=Low, 5=High)
All results are statistically significant (p<.001).