



DEVELOPMENT COACHING

A program of the All Stars Project

Change a life this year...

Become a Development Coach!

As a coach, you'll be able to make a direct impact on the lives of young adults from poor and underserved communities. Through virtual weekly open conversations, you will help your coachee grow their network, face life challenges, and build a positive relationship with someone they never would have met without participating in the program.

This 8-week program pairs young adults and alumni, ages 18 to 24, with caring adults and industry leaders across the country. Since 2021, we have broken down barriers and connected more than 1,000 youth and adults, supporting the building of meaningful relationships across geographic, socio-economic, and racial divides.

"I have grown so much! This session really emphasized how important listening is. I approached it as if my Coachee and I were building this together, that we were a team, so I didn't always have to lead the session. This experience taught me that you don't have to have a specific goal to have a Coaching relationship with someone; sometimes the goal is just to simply build a relationship. I found that to be incredibly rewarding."

- 2023 Coach

"My self-awareness has deepened, allowing me to identify and address my limiting beliefs and behaviors."

- 2023 Coachee

HOW IT WORKS

Four Easy Steps!

- 1 Sign up for the program!**
When enrollment opens, please register directly or through your company, using the provided sign-up link. Using industry-leading software, the All Stars Project will match Coaches and Coachees based on personal and professional development goals, experiences, and interests. The All Stars Project offers Development Coaching twice a year for extended registration cycles - **once in the spring and once in the fall.**
- 2 Make a contribution to support the program**
If registering as an individual, we ask you to make a contribution of \$500, \$250 or \$125 to keep All Stars programs free for our youth.
- 3 Attend Development Coach trainings**
Our thoughtfully designed 90-minute virtual trainings will give you the tools you need to build a successful relationship with your coachee.
- 4 Let's develop!**
After your training, you'll connect with your coachee weekly to co-create goals, learn about one another, and grow together through shared interests. We ask that coaches dedicate at least one hour a week to this partnership. Many coaching pairs stay connected even after the program ends!

Or SCAN Code



To learn more about our programs visit www.allstars.org

For questions, contact [Mindy Chozick](mailto:mchozick@allstars.org) at mchozick@allstars.org

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